0 - Manitoba

1 kg - EAN 8009844010031

MINIMUM PROTEIN %	15%	
W	390-400	
PROVING	18-20 hours	
P/L	0,60-0,70	
F.N. (IN SECONDS)	>310-330	
STABILITY (MINIMUM)	17-19 minutes	
MINIMUM ABSORPTION	59%	

This strong soft wheat flour is made by grinding select European and American wheat varieties. Naturally rich in protein, it is perfect for long leavened baked goods and pastries such as brioche, panettone, pandoro, enriched doughs, deep pan pizza, focaccia and home-made breads, including sourdough. Aromatic and incredibly versatile, it can also be used to naturally strengthen weaker flours.

ENERGY	348 kcal/1.456 kj
FAT	0,9 g
OF WHICH SATURATED	0,2 g
CARBOHYDRATES	72,2 g
OF WHICH SUGARS	1,9 g
PROTEIN	15 g
SALT	2 mg



